

Sensory Approaches and New Methods for Developing Grain-Based Products

Symposia · Oglethorpe CC

Monday 26 October 2016

8:40 a.m. 102-S

Perception dynamics of grain-based ready-to-eat cereal products using TCATA

John C. Castura



Eating & drinking

- Many sensations are elicited
 - Visual sensations
 - Aromas
 - Textures
 - Flavors
 - Tastes
 - Sounds
 - Temperature
 - Pain
- Consumer perceptions can be investigated using check-all-that-apply (CATA)

CATA task

Check the words that **describe Sample 470** (check all that apply).

- | | | |
|-------------------------------------------|------------------------------------------------|------------------------------------------------|
| <input type="checkbox"/> Oats flavor | <input type="checkbox"/> Corn/corn meal flavor | <input type="checkbox"/> Cardboard flavor |
| <input type="checkbox"/> Chocolate flavor | <input type="checkbox"/> Bitter taste | <input type="checkbox"/> Malty flavor |
| <input type="checkbox"/> Sweet taste | <input type="checkbox"/> Peanut butter flavor | <input type="checkbox"/> Chemical flavor |
| <input type="checkbox"/> Sour taste | <input type="checkbox"/> Crunchy texture | <input type="checkbox"/> Salty taste |
| <input type="checkbox"/> Vanilla flavor | <input type="checkbox"/> Mouth-pucker (drying) | <input type="checkbox"/> Tooth-packing texture |
| <input type="checkbox"/> Grainy texture | <input type="checkbox"/> Caramel flavor | <input type="checkbox"/> Other _____ |

CATA task

Check the words that **describe Sample 470** (check all that apply).

- | | | |
|------------------------------------------------------|-----------------------------------------------------------|-----------------------------------------------------------|
| <input type="checkbox"/> Oats flavor | <input checked="" type="checkbox"/> Corn/corn meal flavor | <input type="checkbox"/> Cardboard flavor |
| <input checked="" type="checkbox"/> Chocolate flavor | <input checked="" type="checkbox"/> Bitter taste | <input checked="" type="checkbox"/> Malty flavor |
| <input checked="" type="checkbox"/> Sweet taste | <input type="checkbox"/> Peanut butter flavor | <input type="checkbox"/> Chemical flavor |
| <input type="checkbox"/> Sour taste | <input checked="" type="checkbox"/> Crunchy texture | <input type="checkbox"/> Salty taste |
| <input type="checkbox"/> Vanilla flavor | <input checked="" type="checkbox"/> Mouth-pucker (drying) | <input checked="" type="checkbox"/> Tooth-packing texture |
| <input checked="" type="checkbox"/> Grainy texture | <input type="checkbox"/> Caramel flavor | <input type="checkbox"/> Other _____ |

When is CATA used?

- Consumers can use CATA to characterize samples
- Consumers can also indicate which samples they like and dislike
- Creates an opportunity to investigate how **consumer liking** and **perception** are linked

What is TCATA?

- Temporal check-all-that-apply (TCATA) extends CATA to *continuously track sensory properties*
- It is a new method (proposed in 2014) that builds on earlier temporal methods that are not focused on attribute intensities

TCATA task

Check and re-check words to track changes in the cereal.



0:00

Oats flavor

Corn/corn meal flavor

Chocolate flavor

Bitter taste

Sweet taste

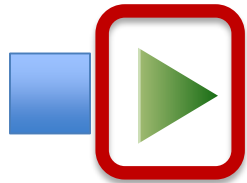
Peanut butter flavor

Crunchy texture

Other

TCATA task

Check and re-check words to track changes in the cereal.



Timer starts when **Start** button is clicked

Oats flavor

Corn/corn meal flavor

Chocolate flavor

Bitter taste

Sweet taste

Peanut butter flavor

Crunchy texture

Other

TCATA task

Check and re-check words to track changes in the cereal.

Consumers check and re-check attributes to describe the sample

- | | |
|-------------------------------------------|------------------------------------------------|
| <input type="checkbox"/> Oats flavor | <input type="checkbox"/> Corn/corn meal flavor |
| <input type="checkbox"/> Chocolate flavor | <input type="checkbox"/> Bitter taste |
| <input type="checkbox"/> Sweet taste | <input type="checkbox"/> Peanut butter flavor |
| <input type="checkbox"/> Crunchy texture | <input type="checkbox"/> Other |

TCATA task

Check and re-check words to track change

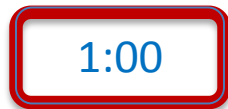
Instruction prompts
appear at specific times

Swallow the
sample now

- | | |
|-------------------------------------------|------------------------------------------------|
| <input type="checkbox"/> Oats flavor | <input type="checkbox"/> Corn/corn meal flavor |
| <input type="checkbox"/> Chocolate flavor | <input type="checkbox"/> Bitter taste |
| <input type="checkbox"/> Sweet taste | <input type="checkbox"/> Peanut butter flavor |
| <input type="checkbox"/> Crunchy texture | <input type="checkbox"/> Other |

TCATA task

Check and re-check words to track changes in the cereal.



- Oat **Evaluation ends at a set time**
- Chocolate flavor Bitter taste
- Sweet taste Peanut butter flavor
- Crunchy texture Other



Video/sound recording
and photography are

strictly prohibited

in this portion
of the
presentation.

Temporal Check-All-That-Apply (TCATA)



Delight

Basset horn

Divine

Comic

Bassoon

Oboe

Longing

Clarinet

Rusty Squeezebox

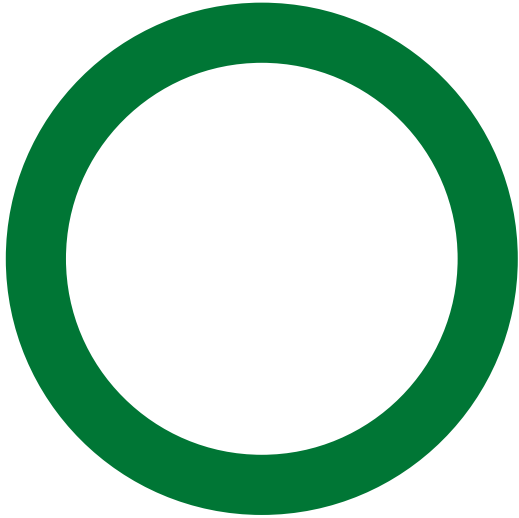
Pulsing



The inset video clip from movie [Amadeus \(1984\)](#) was used with permission from [The Saul Zaentz Company](#).



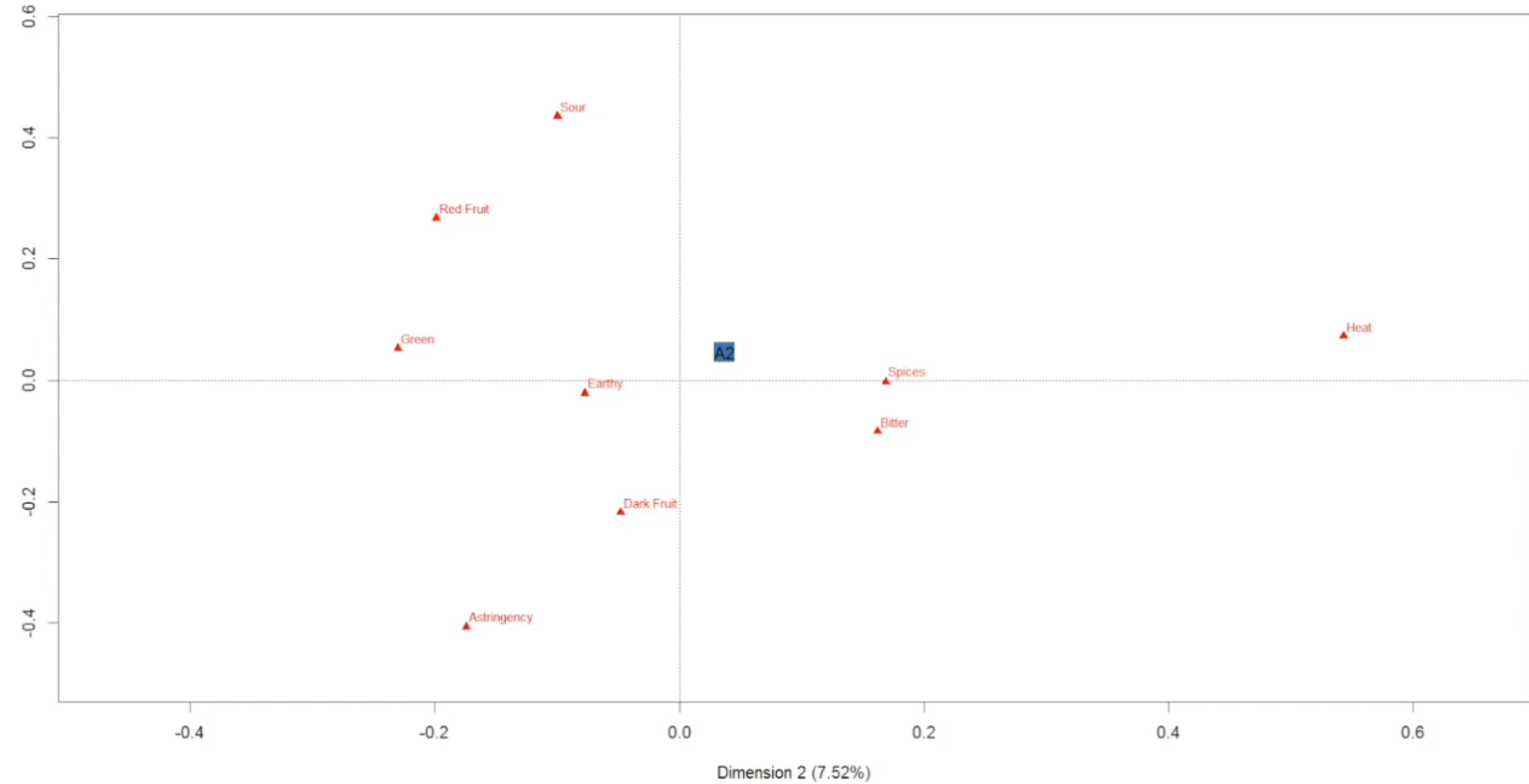
No video
No sound recording
No photography



Video/sound recording
or photographing is
permitted
for the remainder
of the
presentation.

Perception dynamics

0:10.1



When is TCATA used?

- Consumers can perform TCATA to characterize how sensations evolve over time
- Again, consumers can indicate which samples they like and dislike
- This creates a *new* opportunity to investigate how **consumer liking** and **perception dynamics** are linked

Ready-to-eat (RTE) breakfast cereals

6 chocolate-flavored cereals



Consumers

76 high-school teenage category consumers

	Grades 9-10	Grades 11-12
Male	20	22
Female	18	16

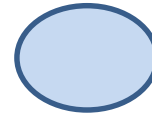
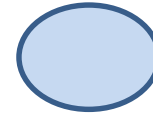
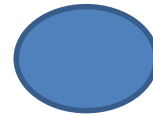
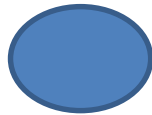
Parental/guardian consent was required. Both teens and parents/guardians were financially compensated for their participation.

Task familiarization & practice

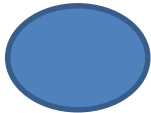

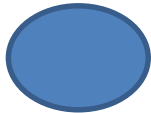
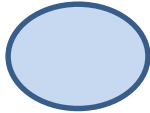
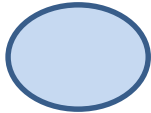

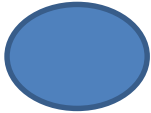

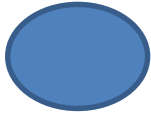
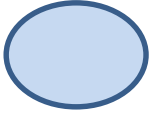
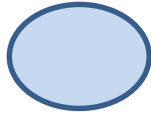

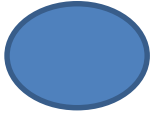

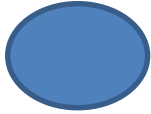
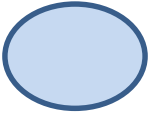
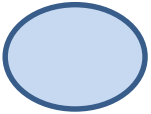

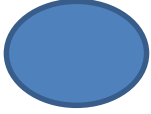

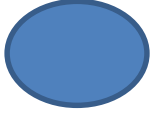
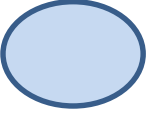
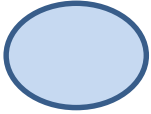

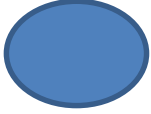

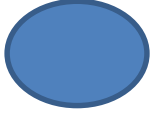
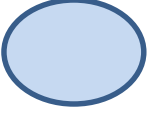
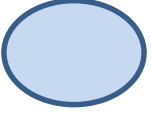

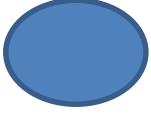

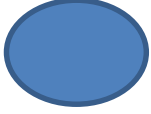
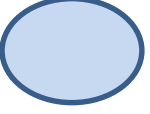
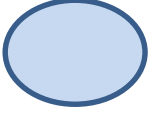
Verbal instructions / task description (2 min)

1st cup 1-min TCATA evaluation	Delay 5-s delay	2nd cup 1-min TCATA evaluation	Comment on other sensations	Liking 9-point scale	Delay
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Practice sample

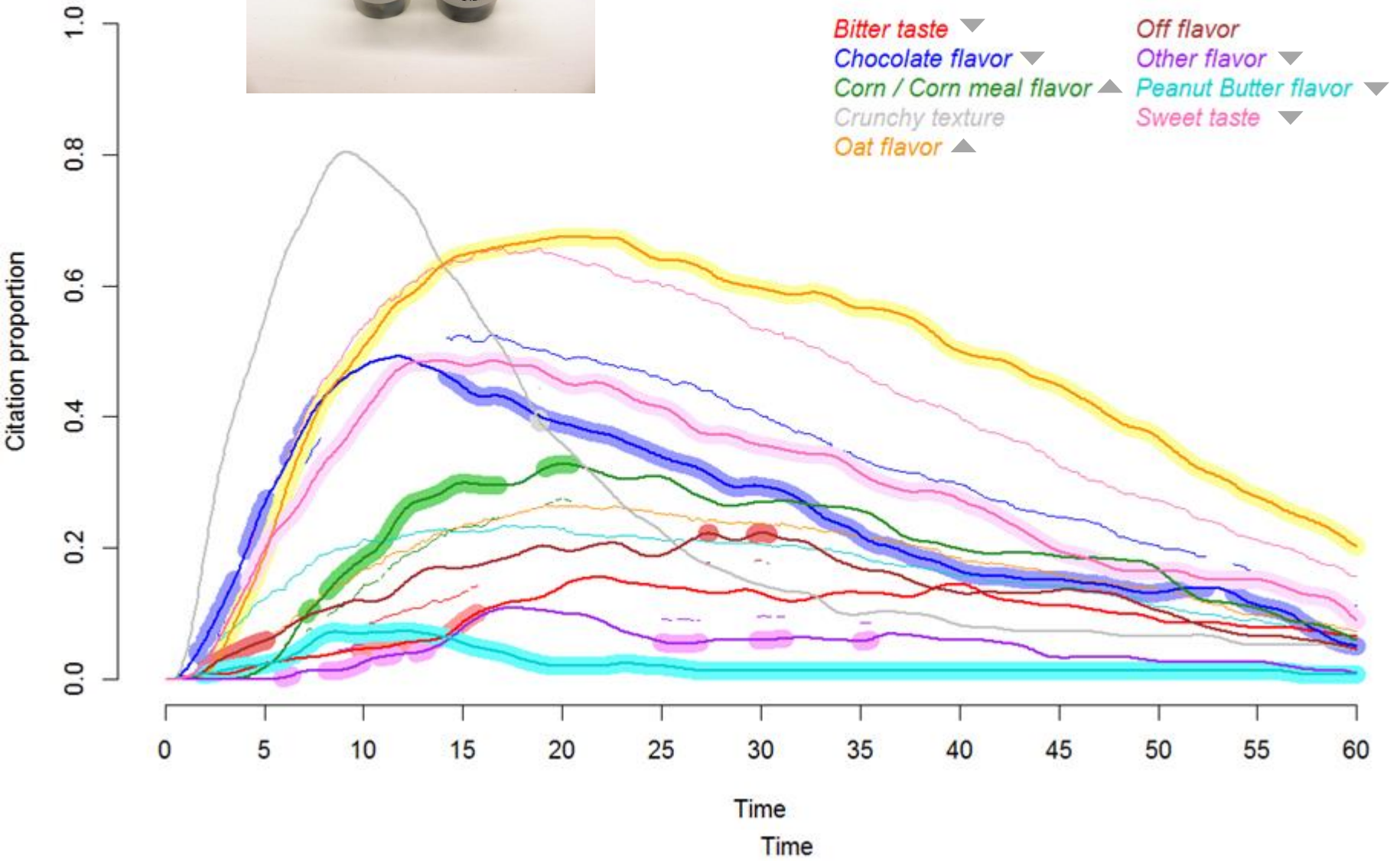


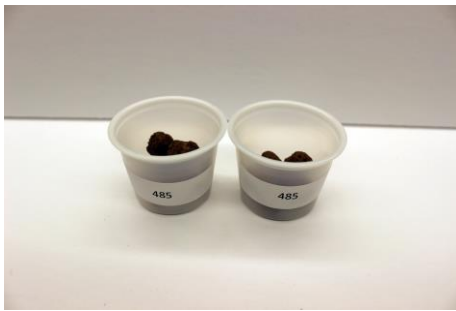
Evaluation of samples

	Q1. 1st cup 1-min TCATA evaluation	Delay 5-s delay	Q2. 2nd cup 1-min TCATA evaluation	Q3. Comment on other sensations	Q4. Liking 9-point scale	Delay 30-s delay
1 st sample						
2 nd sample						
3 rd sample						
4 th sample						
5 th sample						
6 th sample						

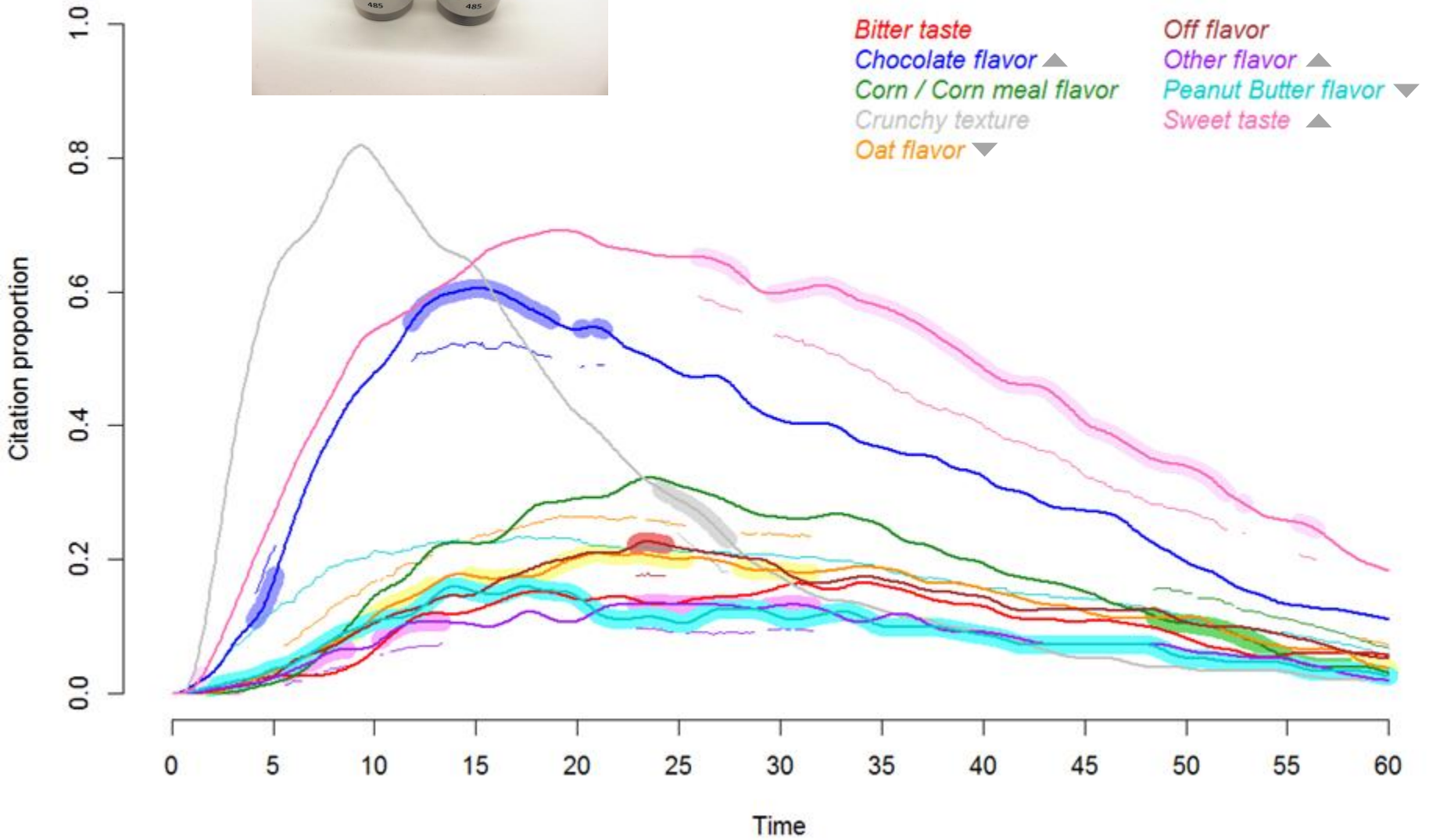


Sample 142



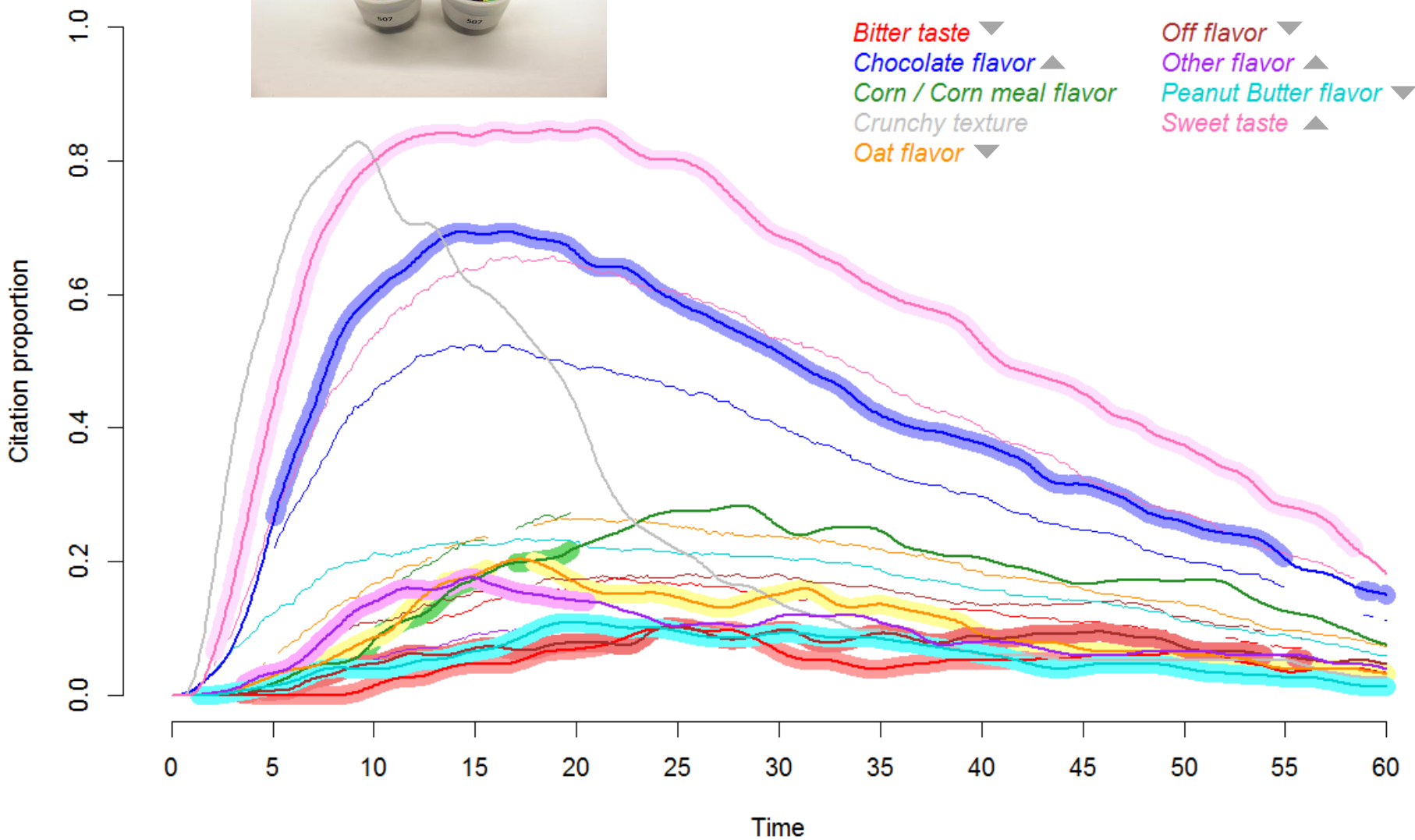


Sample 485



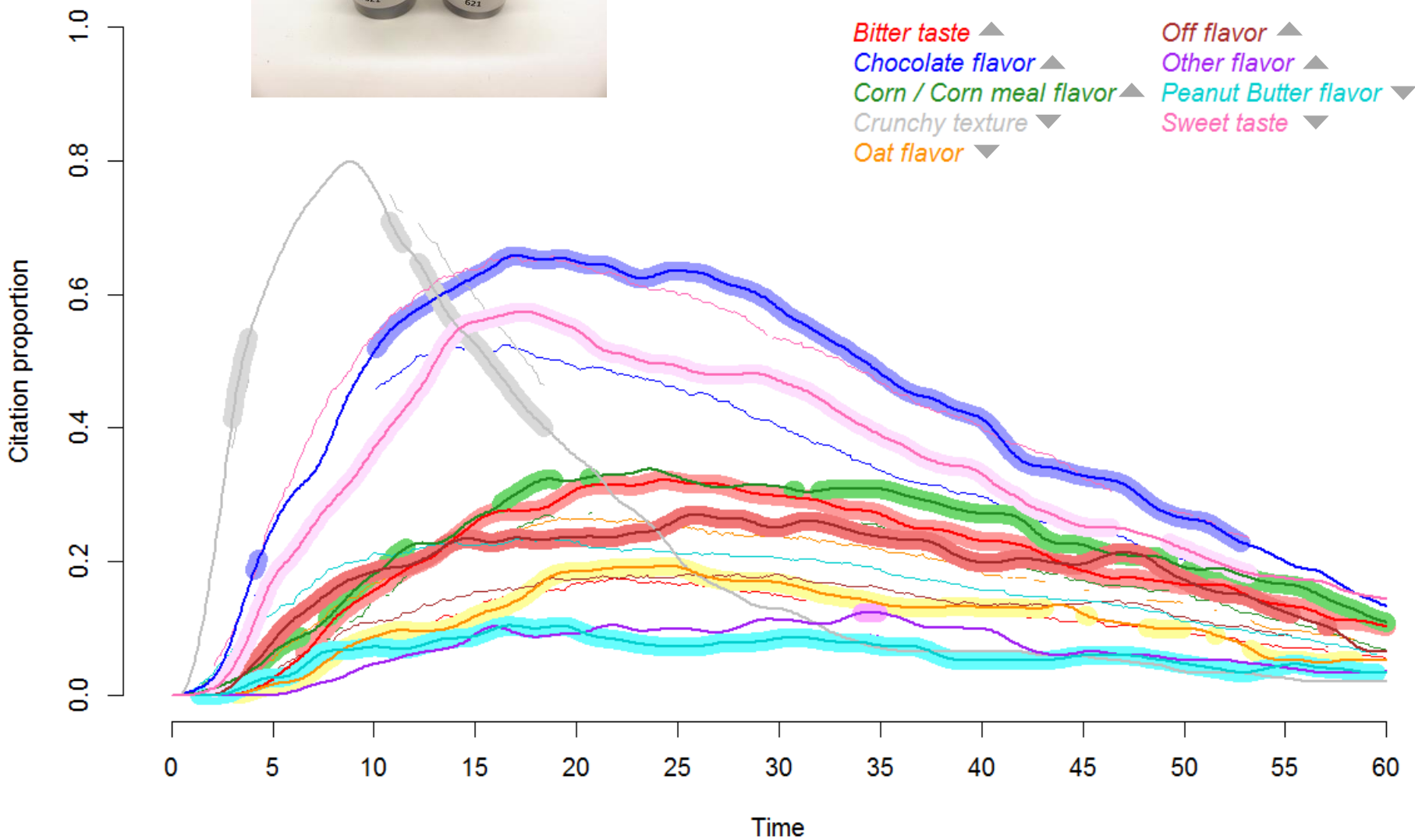


Sample 507



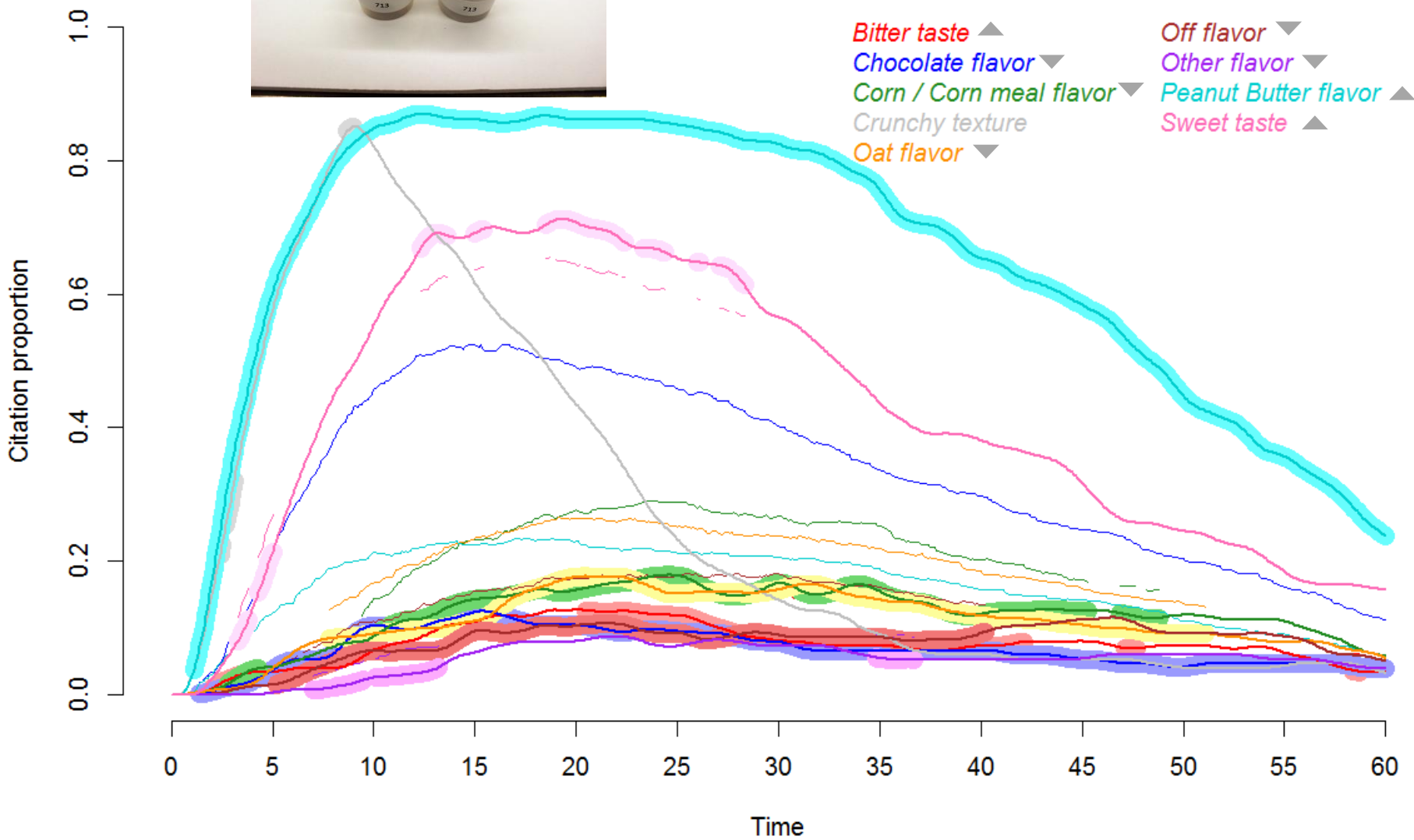


Sample 621

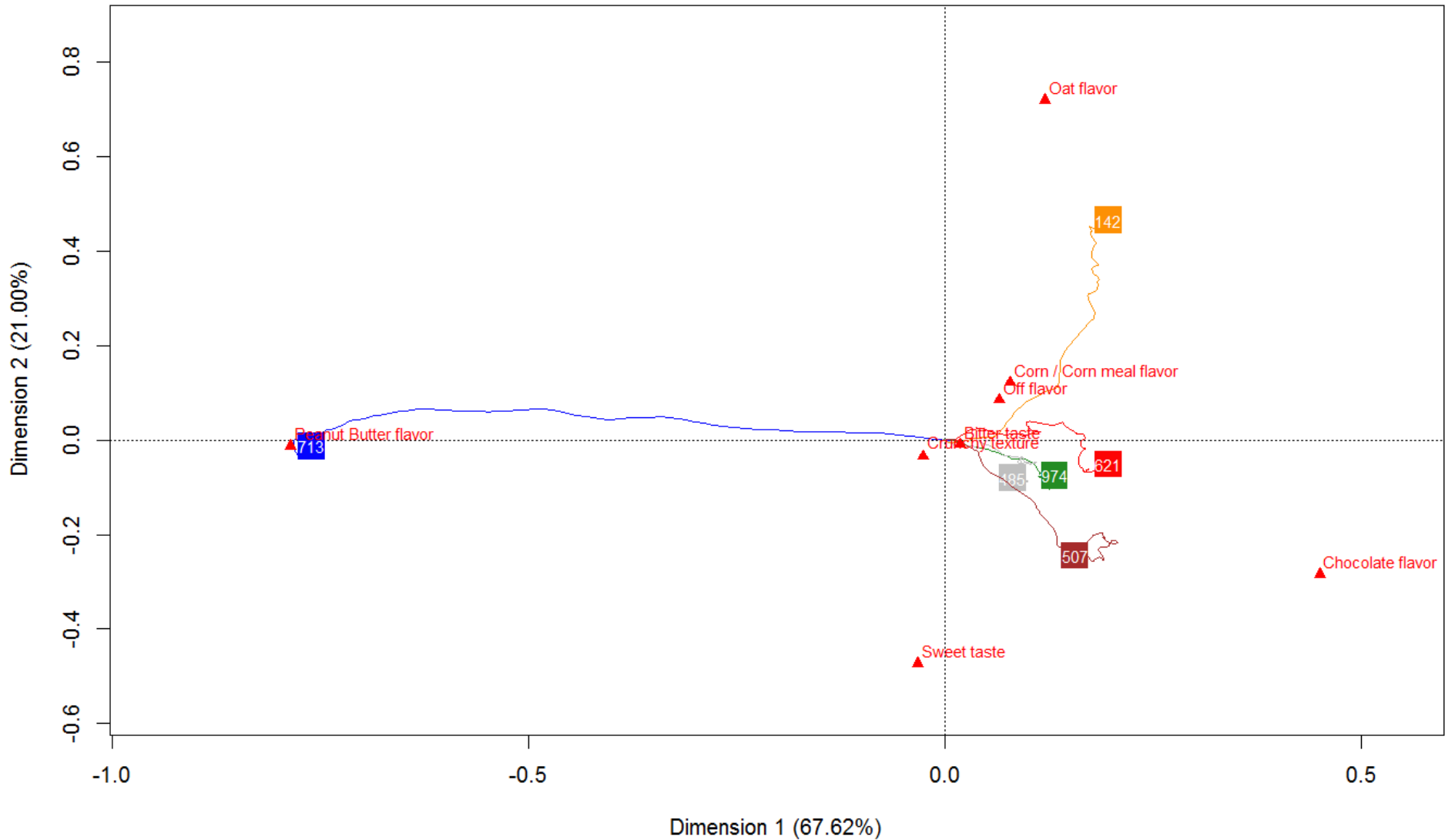




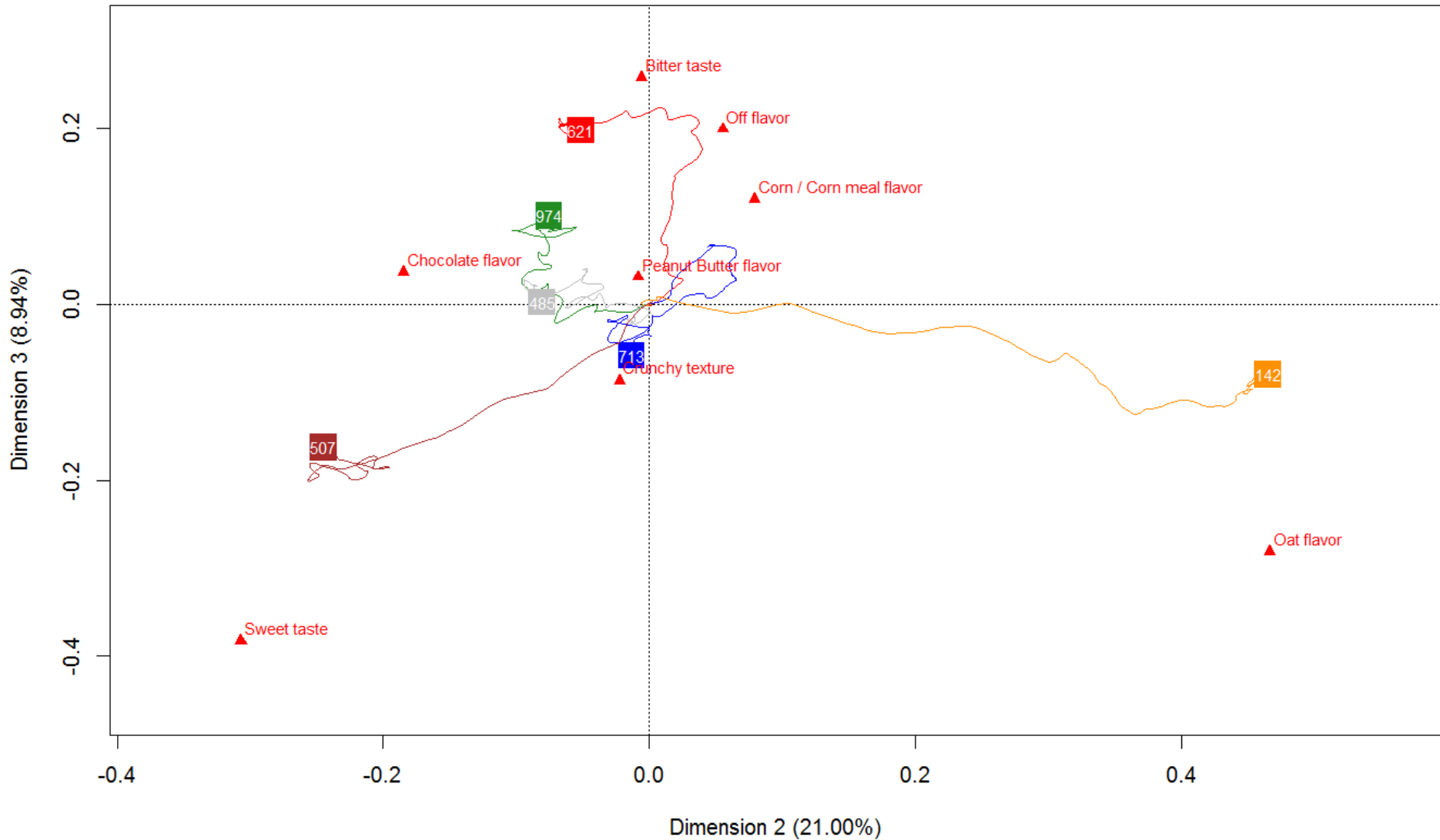
Sample 713



First sensory impressions (up to 20 s)



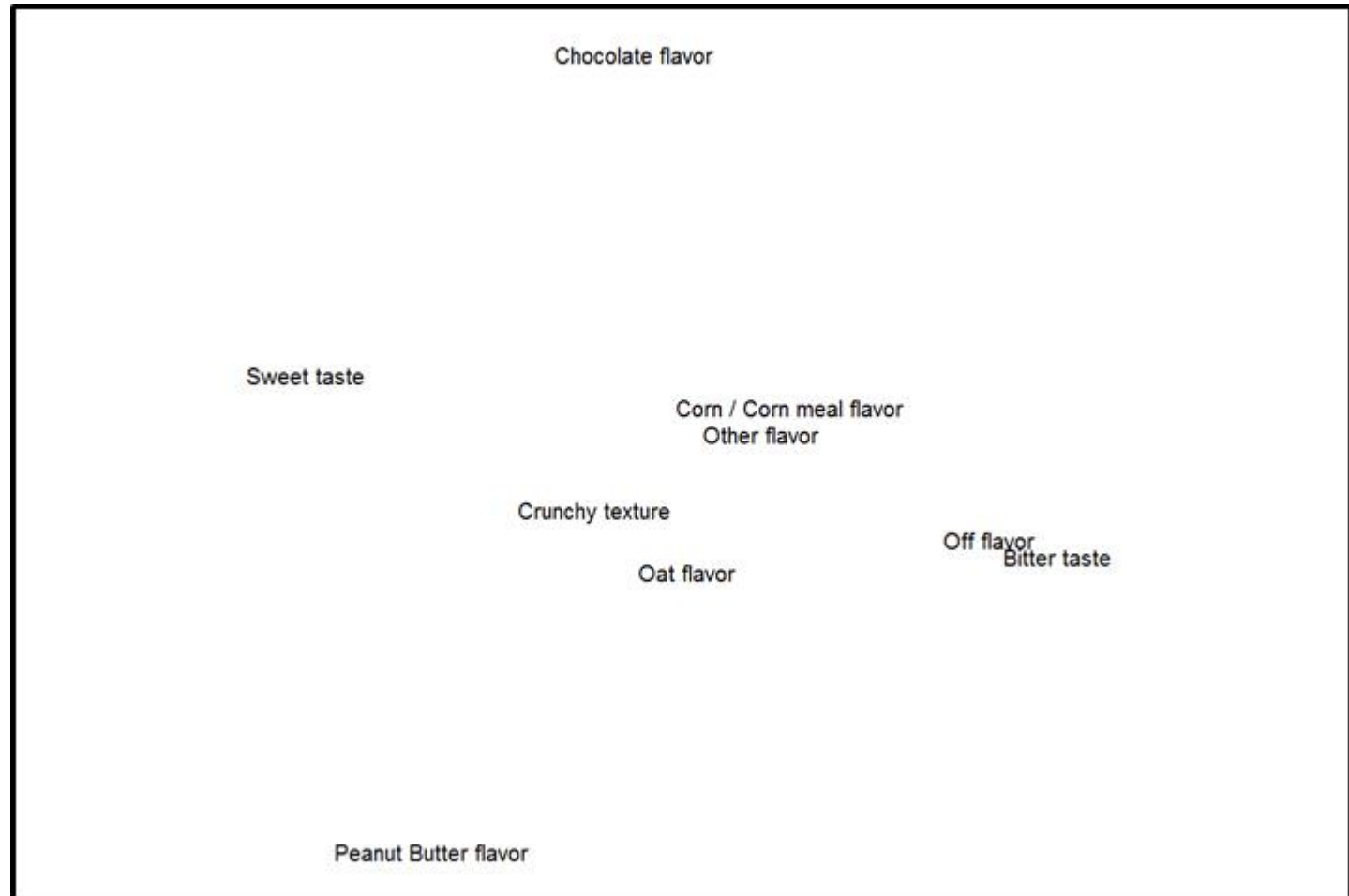
First sensory impressions (up to 20 s)



Attribute correlations

Pearson's ϕ -coefficient measures correlation between binary variables.

MDS based on the distance matrix $(1-\phi)$.



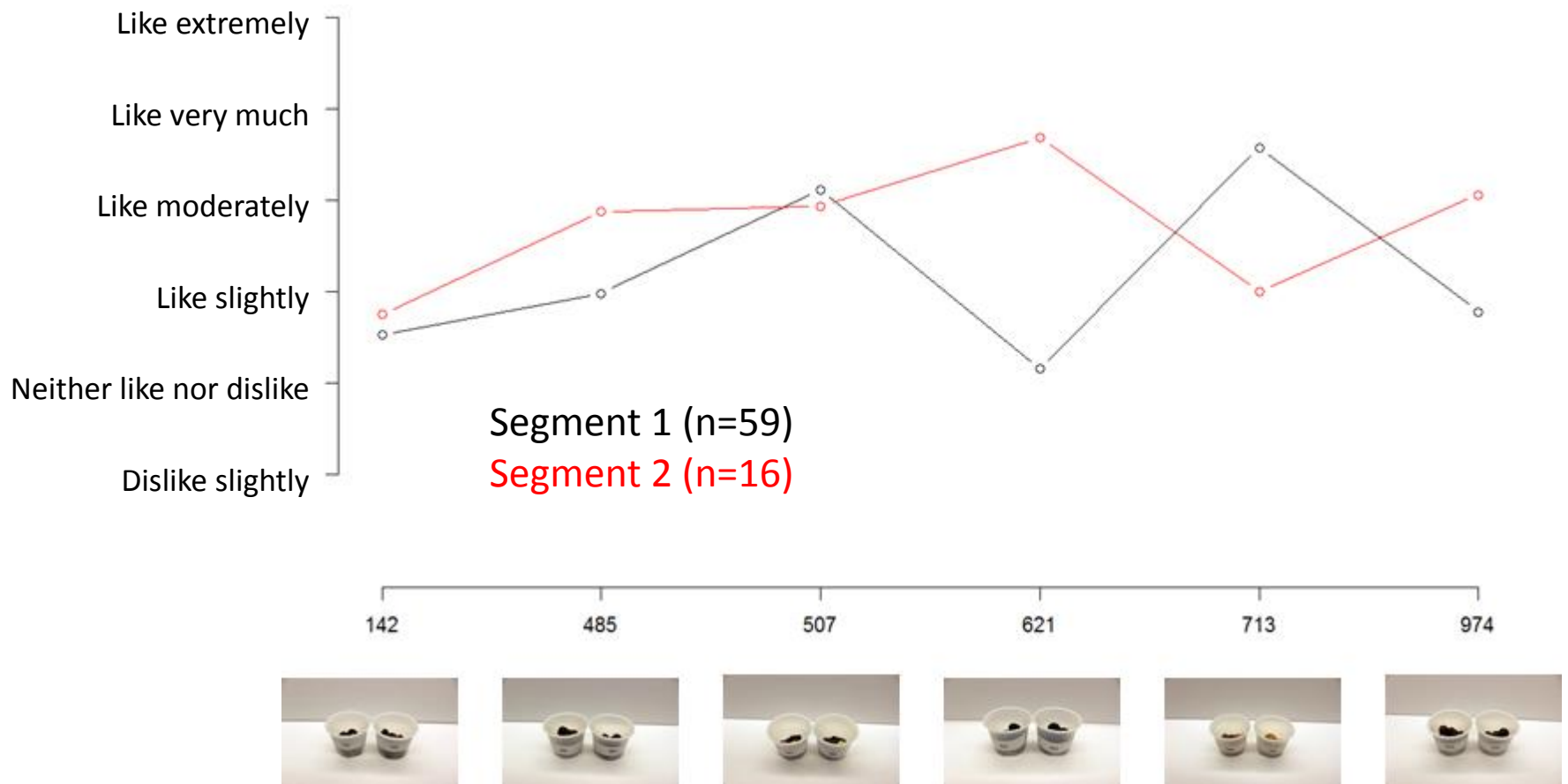
Attribute correlations

Pearson's ϕ -coefficient measures correlation between binary variables.

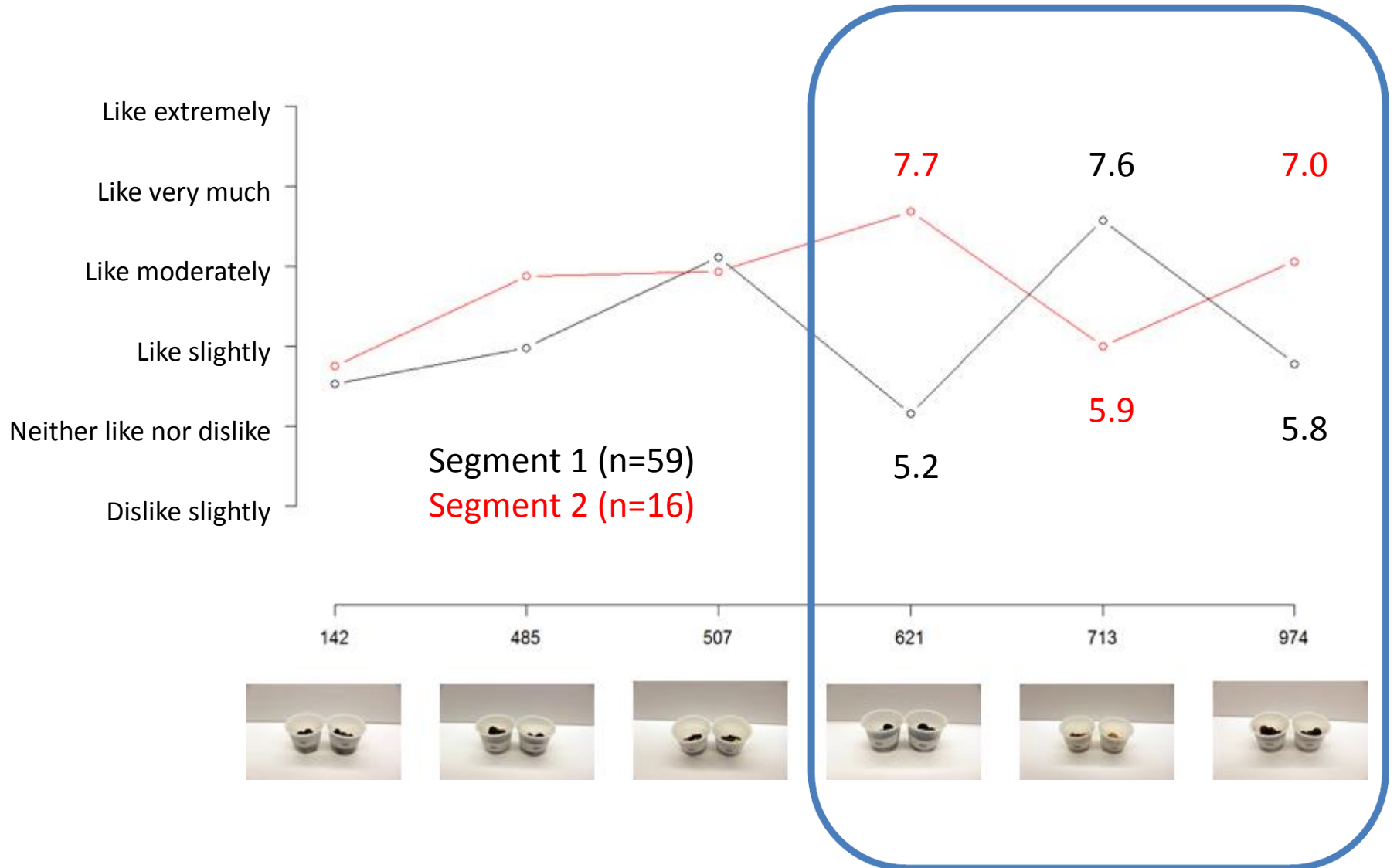
MDS based on the distance matrix $(1-\phi)$.



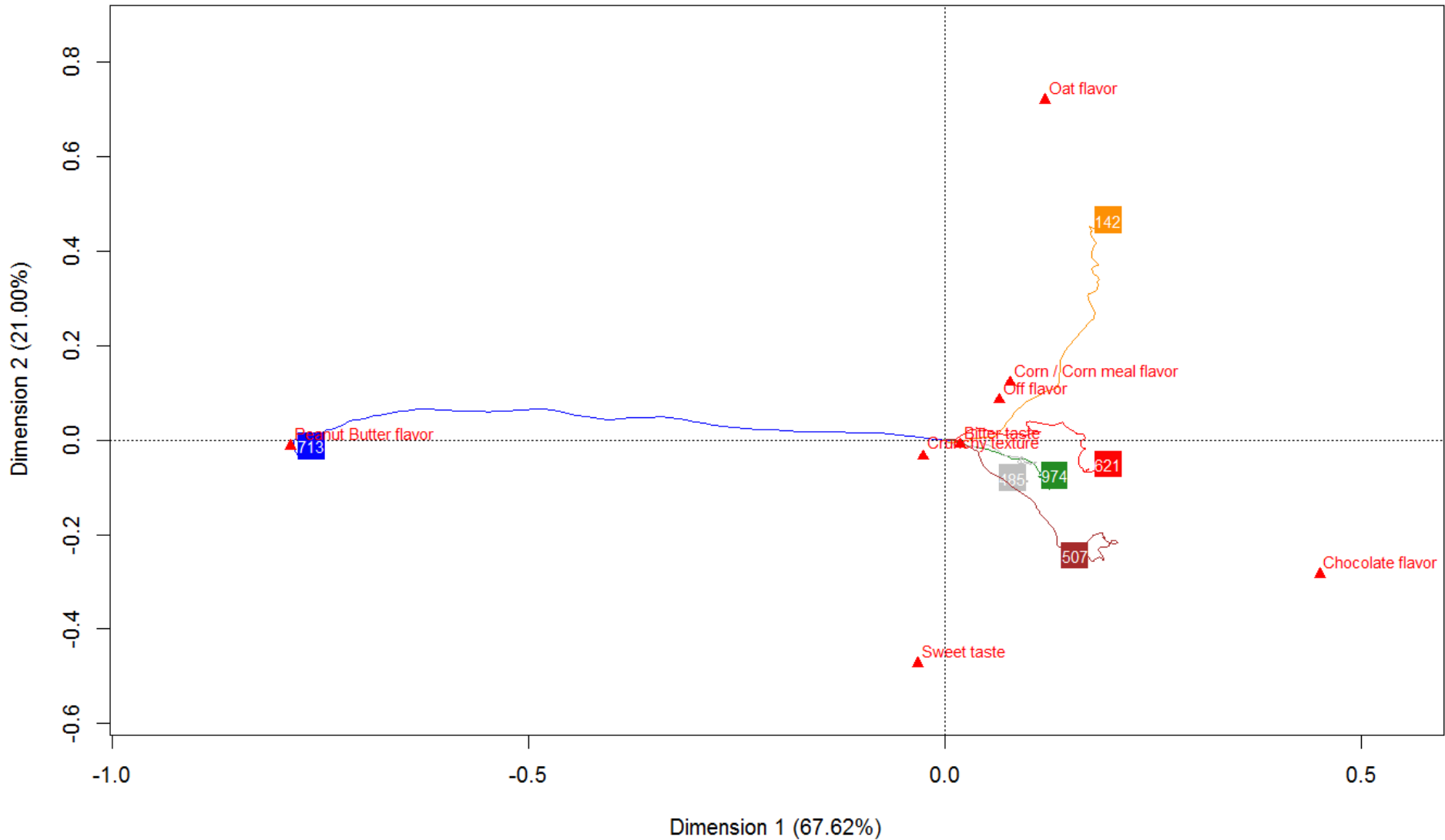
Liking clusters



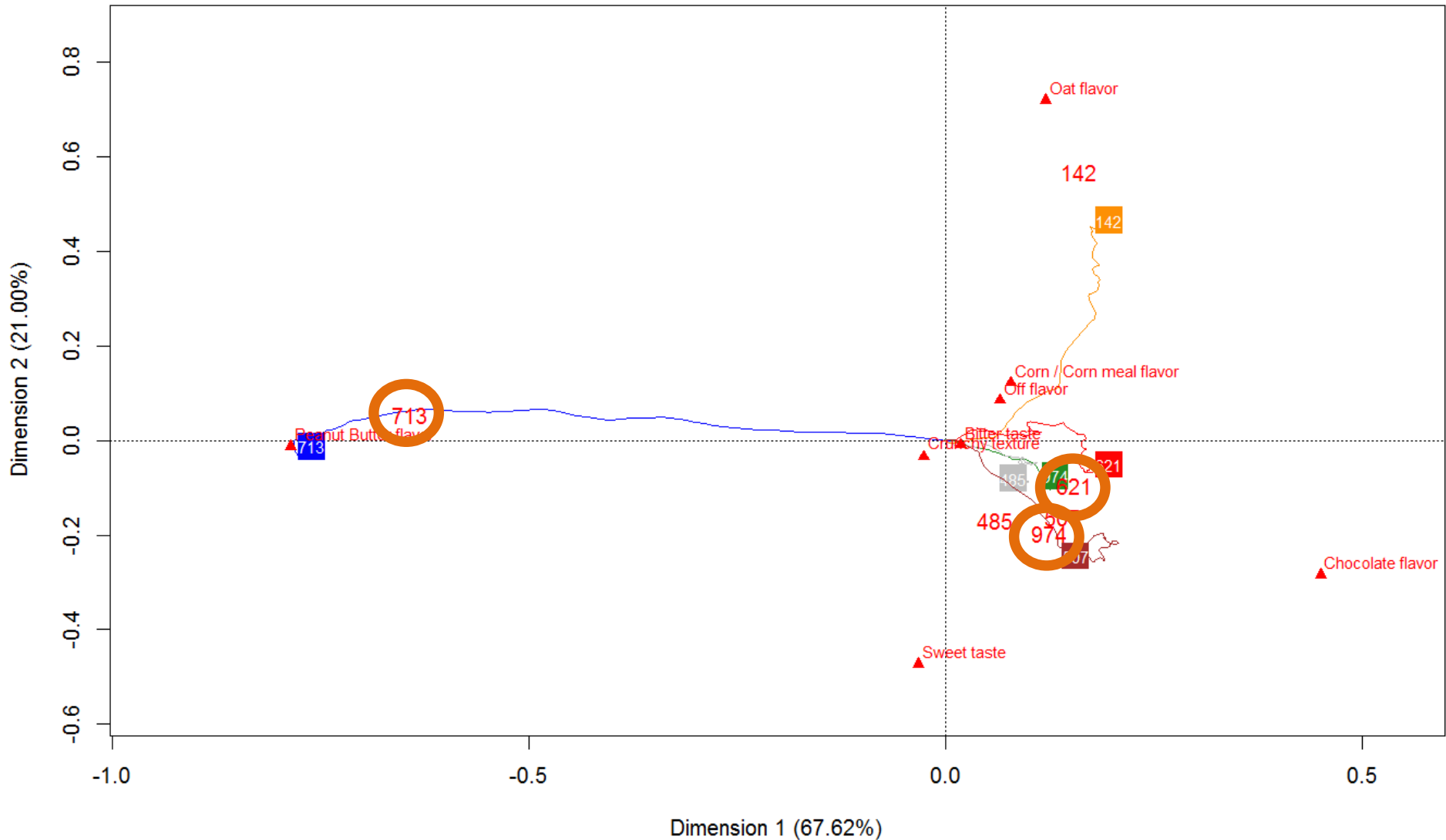
Liking clusters



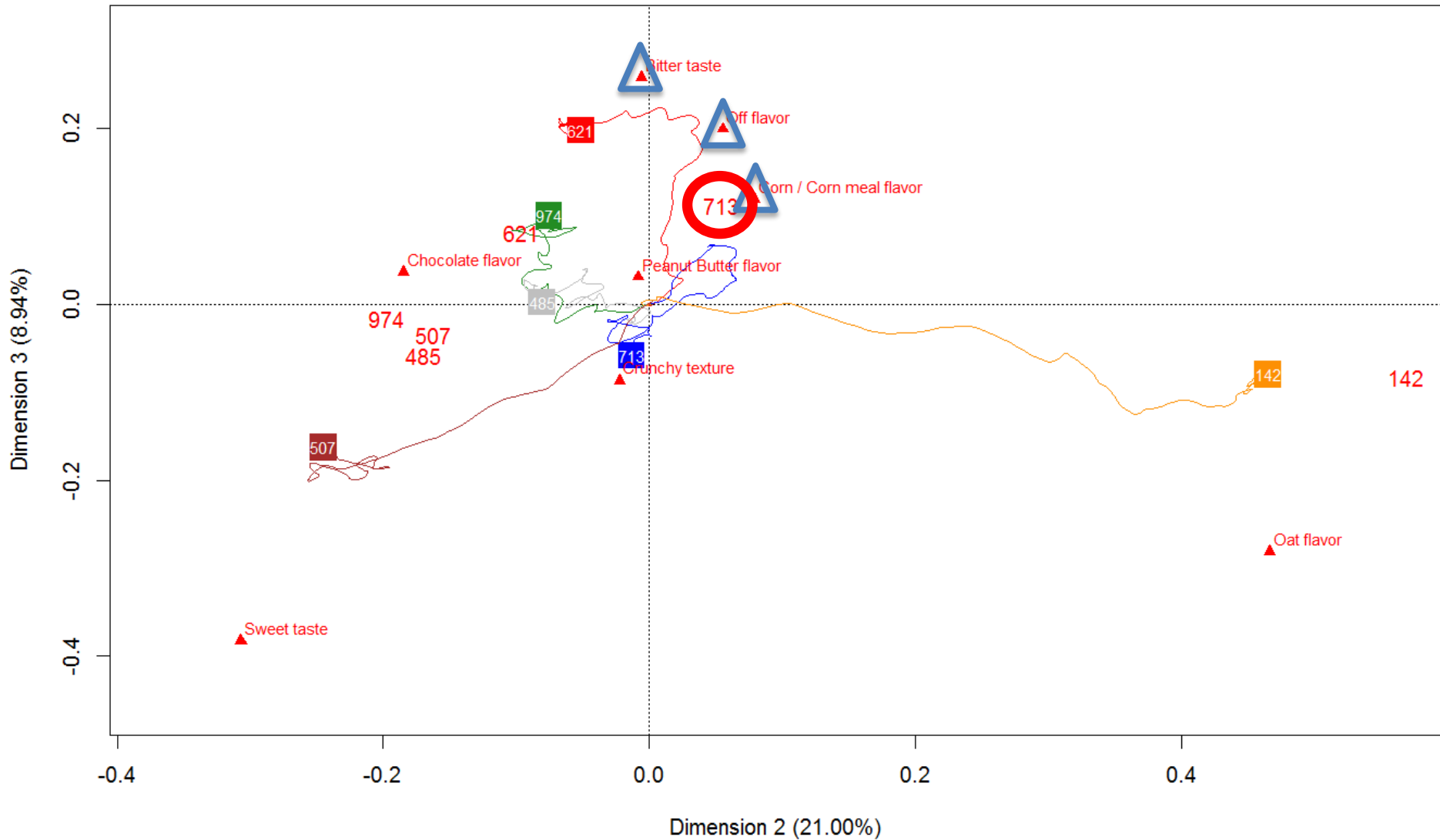
First sensory impressions (up to 20 s)



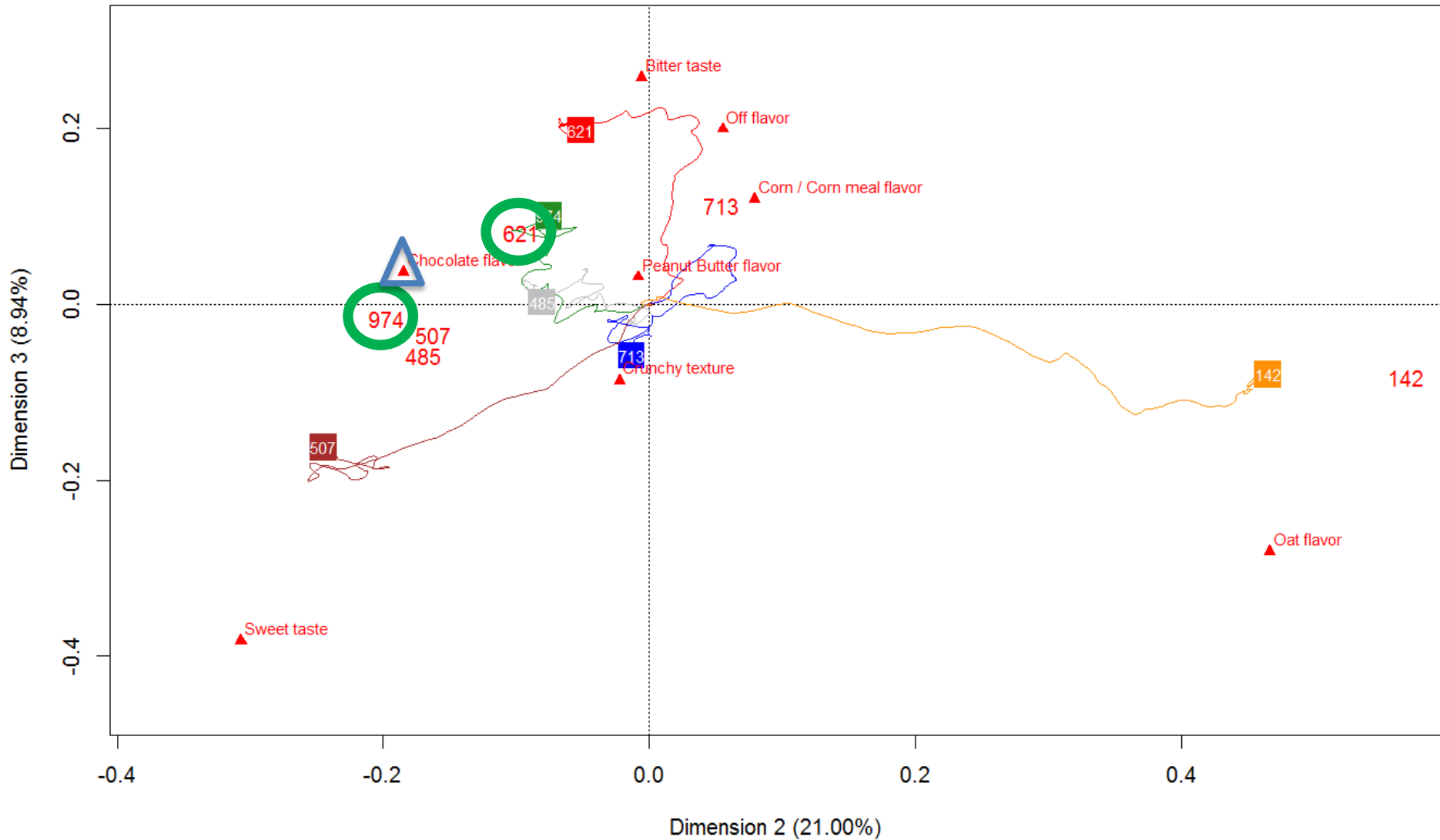
First sensory impressions (up to 20 s)



First sensory impressions (up to 20 s)



First sensory impressions (up to 20 s)



Positive hedonic drivers (selected)

<u>Concurrent attributes</u>	<u>Proportion</u>	<u>Effect</u>
Crunchy + Sweet	0.19	+1.9
Peanut butter + Sweet	0.12	+1.7
Sweet	0.51	+1.4
Peanut Butter	0.20	+1.3

Negative hedonic drivers (selected)

<u>Concurrent attributes</u>	<u>Proportion</u>	<u>Effect</u>
Bitter	0.14	-1.7
Off flavor	0.16	-1.7
Corn/Corn meal	0.22	-0.5

Conclusions

Products can be characterized dynamically using the TCATA method with negligible training by **teenage** consumers.

It is possible to co-investigate hedonics and dynamics of consumer perception to understand variability.



Some examples of TCATA applications

- Early-stage formulation/reformulation
 - Explore the temporal evolution of sensations of prototypes and/or of products in the category
- Investigating impact of ingredients/process
 - Designed experiments to investigate how ingredient/process changes affect sensory outcomes
- Product reformulations
 - Confirm that reformulation/process changes have successfully differentiated the product

Refereed Publications

- Ares, G., Castura, J. C., Antúnez, L., Vidal, L., Giménez, A., Coste, B., Picallo, A., Beresford, M. K., Chheang, S. L., & Jaeger, S. R. Comparison of two TCATA variants for dynamic sensory characterization of food products. *Food Quality and Preference*, 54, 160-172. <http://dx.doi.org/10.1016/j.foodqual.2016.07.006>
- Ares, G., Jaeger, S. R., Antúnez, L., Vidal, L., Giménez, A., Coste, B., Picallo, A., & Castura, J. C. (2015). Comparison of TCATA and TDS for dynamic sensory characterization of food products, *Food Research International*, 78, 148-158. <http://dx.doi.org/10.1016/j.foodres.2015.10.023>
- Baker, A. K., Castura, J. C., & Ross, C. J. Temporal check-all-that-apply characterization of Syrah wine. *Journal of Food Science*, 81, S1521–S1529. <http://dx.doi.org/10.1111/1750-3841.13328>
- Boinbaser, L., Parente, M. E., Castura, J. C., & Ares, G. (2015). Dynamic sensory characterization of cosmetic creams during application using Temporal Check-All-That-Apply (TCATA) questions. *Food Quality and Preference*, 45, 33-40. <http://dx.doi.org/10.1016/j.foodqual.2015.05.003>
- Castura, J. C., Antúnez, L., Giménez, A., & Ares, G. (2016). Temporal Check-all-that-apply (TCATA): A novel dynamic method for characterizing products. *Food Quality and Preference*, 47, 79-90. <http://dx.doi.org/10.1016/j.foodqual.2015.06.017> Open access
- Castura, J. C., Baker, A. K., & Ross, C. F. (2016). Using contrails and animated sequences to visualize uncertainty in dynamic sensory profiles obtained from temporal check-all-that-apply (TCATA) data. *Food Quality and Preference*, 54, 90-100. <http://dx.doi.org/10.1016/j.foodqual.2016.06.011> Open access
- Jaeger, S. R., Beresford, M. K., Hunter, D. C., Alcaire, F., Castura, J. C., & Ares, G. (2017). Does a familiarization step influence results from a TCATA task? *Food Quality and Preference*, 55, 91-97. <http://dx.doi.org/10.1016/j.foodqual.2016.09.001>
- Meyners, M., Castura, J. C., & Carr, B. T. (2013). Existing and new approaches for the analysis of CATA data. *Food Quality and Preference*, 30, 309-319. <http://dx.doi.org/10.1016/j.foodqual.2013.06.010>
- Oliveira, D., Antúnez, L., Giménez, A., Castura, J. C., Deliza, R., & Ares, G. (2015). Sugar reduction in probiotic chocolate-flavored milk: Impact on dynamic sensory profile and liking. *Food Research International*, 75, 148-156. <http://dx.doi.org/10.1016/j.foodres.2015.05.050>

Acknowledgements

- Thanks to [Chris Findlay & Compusense Sensory Services](#) for product selection advice, teen recruit, and data collection.
- Thanks to [The Saul Zaentz Company](#) for permission to use the clip from the movie *Amadeus*, and to [Paul Zaentz](#) for kind handling of this request.

Reference:

**Zaentz, S. (Producer), & Forman, M. (Director). (1984). *Amadeus* [DVD].
Burbank, CA: Warner Home Video.**

- Thanks to [Jess Anselmini](#) and [Sara King](#) of Compusense Inc. for video editing assistance, and Jess for photos of products and teens used in this presentation. All photos used with permission.
- Thanks to the [AACCC International](#) and the [Society of Sensory Professionals](#) for the invitation to participate in this meeting.
- **Also, thank [you](#) for your kind attention.**

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Symposia · Oglethorpe CC

Monday 26 October 2016

8:40 a.m. 102-S

